



The Always
Be Nice



Gerty Goat says:
Always be
nice!



Colin Cow says:

**Be kind to
others.**



Patty Penguin says:

Don't let others

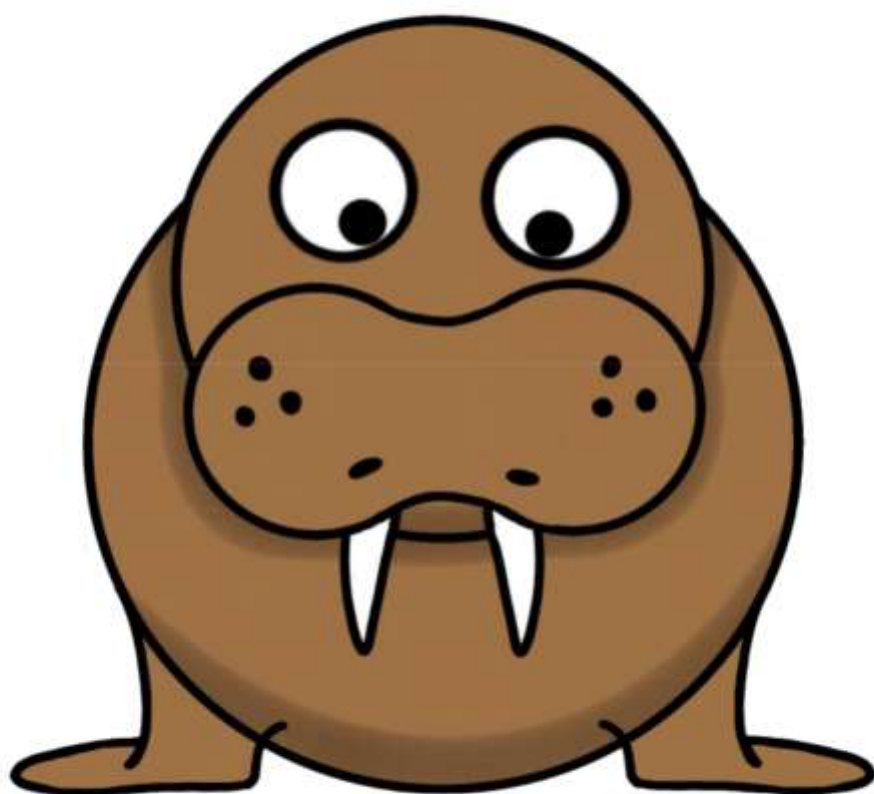
feel left out.



Zenna Zebra says:

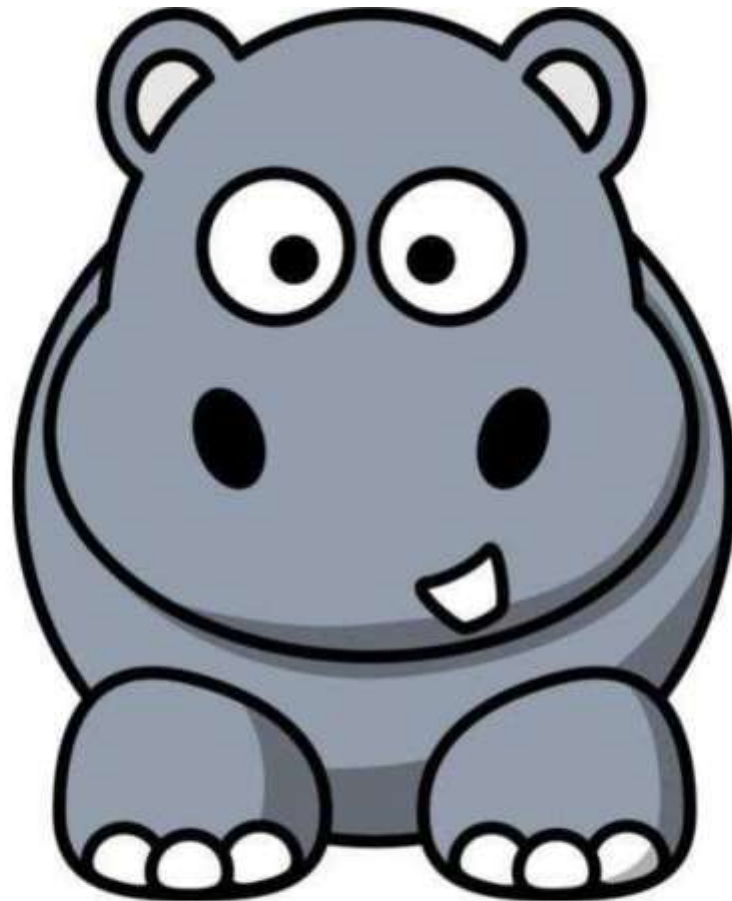
Think about others

feelings.



Wally Walrus says:

**Don't be
mean.**



Harry Hippo says:

**Use kind
words.**



Morris Moose says:

Help out when

you can.



Baba Bear says:

**Sharing is
caring.**

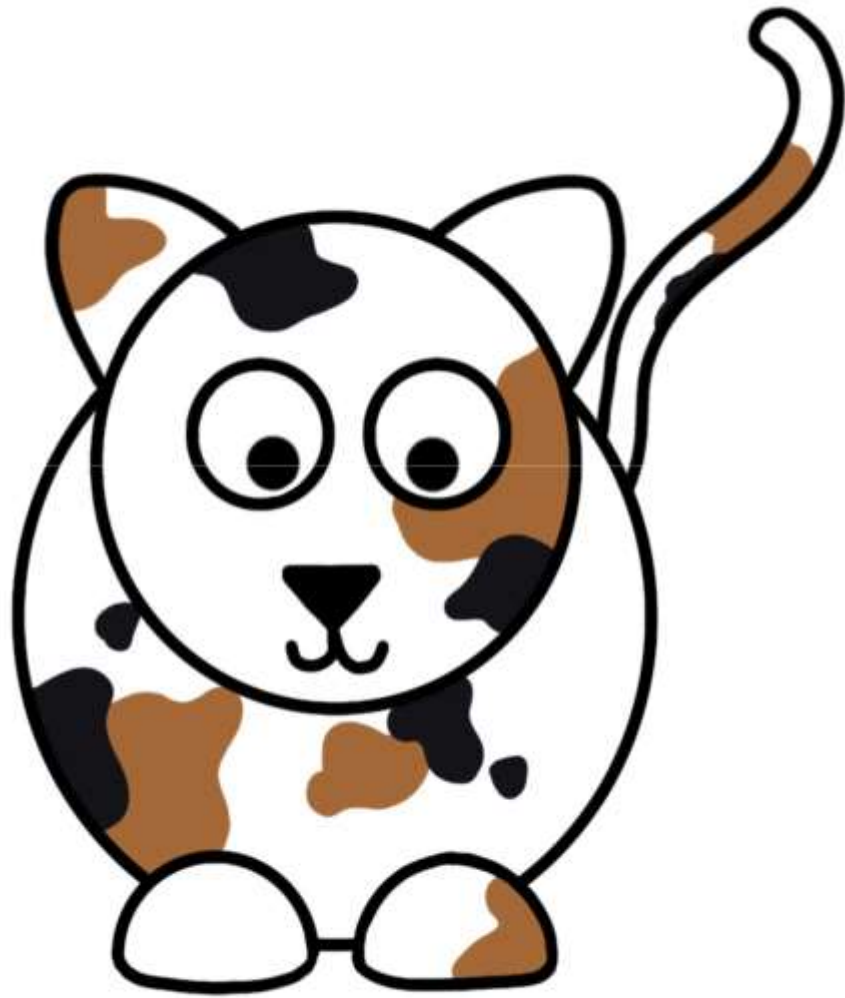
Even your last fish.



Peter Panda says:

Always say

“Please”.



And Carly Cat says:

Don't forget

“Thank-you”.

Words in this book

says

say

be

is

you

always

nice

please

thank-you

kind

don't

forget

help

others

feelings

feel

left

out

let

use

when

can

words

sharing

caring

mean

think

about

SHARING AND CARING ACTIVITIES

Ask children to come up with ideas for each page on how they can follow through with the actions:

Always be nice.

Be kind to others.

Don't let others feel left out.

Think about others feelings.

Don't be mean,

Use kind words.

Help out when you can.

Sharing is Caring

Always say "Please".

Don't forget "Thank-you".

Have a star chart and give children stars whenever another child or sibling notices their caring and sharing behaviour.

Ask children to think about how their behaviour makes others feel when they don't follow these rules. How does it make them feel?

Ask children if they can think of a time when they didn't follow these rules. How could they change their behaviour to make the situation better.



Always

be nice!

SHARING AND CARING ACTIVITIES

– from Book 2 HOW TO BE HAPPY

Ask children to come up with ideas for each page on how they can follow through with the concepts suggested, and why it makes a difference:

Worry less; Dance more!
Take less; Give more!
Consume less; Create more!
Frown less, Smile more!
Talk less; Listen more!
Fear less; Try more!
Judge less; Accept more!
Watch less; Do more!
Complain less; Appreciate more!
Always be nice.

Appreciate more: Talk about what it means to appreciate, and have children write a list of all the things they appreciate in life.

Consume Less: Discuss sustainability and reduce, reuse, recycle concepts, ask the children to write down ideas to reduce waste, have a green day where children don't produce any waste.

Give more: Research some child welfare charities and discuss ideas of how to contribute, for example a fund raising day or project at school.



Give
More!

SHARING AND CARING ACTIVITIES

- from Book 5 ALWAYS BE GOOD

Ask children to come up with ideas for each page on how they can follow through with the actions:

Always be good.

Listen to Mum and Dad.

Keep your room tidy.

Always brush your teeth.

Try your best at school.

Always do your homework.

Always do your chores.

Eat up all your vegetables.

Look after your things.

Don't forget your manners!

Have a star chart and give children stars whenever another child or sibling notices their caring and sharing behaviour.

Ask children to think about how their behaviour makes others feel when they don't follow these rules. How does it make them feel?

Ask children if they can think of a time when they didn't follow these rules. How could they change their behaviour to make the situation better.



Always
be good!

